AGENDA

7:00-8:15   Registration/continental breakfast/vendors
8:15-8:30   Opening Remarks
8:30-9:30   Managing Chronic, Non-terminal Pain: New Approaches and Old Challenges
            Phillip E. Rodgers, MD
9:30-10:30  Integrative Treatments for Pain Management
            Andrew Heyman, MD MHSA
10:30-10:45 Break/Visit Vendors
10:45-12:30 Seeing Your Way Through the Pain
            Claire J. Casselman, LMSW
12:30-1:30  Lunch
1:30-3:00   Break Out Sessions (select one)
            When Pain Hurts Sexual Health: Brief Social Work Interventions in Health Settings with Patients and their Partners
            Sallie Foley, LMSW
            The Journey from Clinician to Leader: You are Closer than You Think
            Kathy Wade, Ph.D
3:00-3:30   Wrap-up/Evaluations

PROGRAM OVERVIEW

*What A Pain* will be a day spent examining the dynamics of pain, its chronicity, and ways to manage it. From integrative therapies to visualization, participants will take an in-depth look at effective treatment approaches that are relevant in all health care settings, with clients across the age span. A person's ability to maintain healthy, intimate relationships is directly related to symptom management, and will be the topic explored in the afternoon break-out.

If you are looking for leadership training, join the second afternoon break-out session to create a skill set for transitioning from line staff to a supervisory position. For some, rising from the ranks is done without adequate preparation. Developing the competence involves rec-
Recognizing the leader inside along with creating a core set of leadership skills.

Come join with colleagues practicing in diverse healthcare settings, along with students and faculty from the University of Michigan. It's a great day of learning, networking and celebration of our social work connections.

**PROGRAM OBJECTIVES**
At the conclusion of this conference participants will:

- Describe the current conceptual model for chronic, non-terminal pain
- Articulate support for strong, interdisciplinary management strategies to improve or maintain biopsychosocial function for patients with chronic pain
- Identify barriers to effective outcomes in chronic pain-management, and discuss approaches to overcome them
- Review the field of integrative medicine
- Review effective integrative treatments for pain management
- Review drug, herb and nutrient interactions common to integrative pain treatments
- Understand the role of the right brain in accessing the body’s abilities to manage pain
- Identify three common sexual problems resulting from chronic pain
- List a biological, psychological, and a couples sexual health intervention when there is pain
- Learn the basic skills of leadership and useful tools
- Be able to identify opportunities to incorporate these skills into their current job responsibilities
- Understand the opportunities and pitfalls of this journey

**ABOUT THE SPEAKERS**

**Phillip E. Rodgers, MD**
Dr. Rodgers is an Assistant Professor in the department of Family Medicine at the University of Michigan, where he has just completed his tenth year practicing and teaching comprehensive, life-long care for patients and families in both ambulatory and inpatient settings throughout the health system. He is the founding Director of the UMHS Palliative Care Program and Medical Director of the Adult Palliative Care Consultation Service, and is a long-time staff physician Arbor Hospice. He has also provided leadership to the UM School-Based Health Centers, the Manchester Migrant Family Health Clinic, and the University of Michigan Comprehensive Gender Services Program.

**Andrew Heyman, MD MHSA**
Dr. Heyman is a family medicine physician with extensive experience in natural therapies. He is also trained in Chinese medicine, manual techniques, nutrition and herbs. He completed a Fellowship in Integrative Medicine through the Department of Family Medicine at the University of Michigan.

**Claire J. Casselman, LMSW**
Claire Casselman is a clinician in the Complementary Therapies Program in the University of Michigan’s Comprehensive Cancer Center where she provides Guided Imagery and Meditation education and services to patients, family members, caregivers and staff. Claire has served as a Clinical Social Work Manager for the University of Michigan Health System.
Prior to joining UMHS, she was a Clinical Social Worker at the Mayo Clinic, and a hospice Spiritual Care Coordinator in Lawrence, Kansas.
Claire’s career has been focused on helping people navigate and cope with life changes, including grief, loss and creative opportunities. Her work draws upon a depth and breadth of psychosocial and spiritual theories and approaches. Claire is a frequent presenter and educator on topics such as grief and loss; mind-body connection/interventions; clinical best practices; leadership; and creating and coping with change.

Sallie M. Foley, LMSW

Sallie Foley, LMSW, is an AASECT certified sex therapist, sex educator, and sex therapy supervisor. She is director of the Center for Sexual Health at University of Michigan Health Systems and has a private practice in psychotherapy and consultation in Ann Arbor. Her clinical work and teaching address issues of psychological development, treatment of sexual dysfunction, and therapies for bereavement and traumatic loss. Her research is focused on sexual health and chronic illness. She has published two book--Sex Matters for Women: A Complete Guide to Taking Care of your Sexual Self (Guilford Press, 2003) and Sex and Love for Grown-ups: A No-Nonsense Guide to a Life of Passion (Sterling Press, 2005; in paperback as Modern Love, 2006). She has published numerous articles and chapters and writes and speaks frequently on the subject of human sexuality. She is a former columnist for AARP: The Magazine.

Kathleen Wade, PhD.

Kathleen Wade holds a dual role as the assistant dean for hospital social work at the School of Social Work and director for social work and family centered care at the University of Michigan Health System. She is also an assistant research professor at the School of Social Work and teaches two MSW courses: "Death, Grief, and Loss" and "Direct Practice, Supervision, and Management." The majority of Dr. Wade's career has focused on leadership roles in tertiary health care. Her early work involved developing and implementing an AIDS Center at Mt. Sinai Hospital in New York City. Since 1989, she has worked in large academic health centers in New York and Michigan. She serves on several state and national boards and is on the editorial board for the journal Social Work in Health Care. She has co-authored numerous articles and presented nationally and internationally on various topics.

HOTEL AND CONFERENCE CENTER INFORMATION

Holiday Inn near the University of Michigan
3600 Plymouth Road
Ann Arbor, MI 48105
(734) 769-9800

A small block of rooms has been reserved for conference participants at $92.00+tax. Please contact the Holiday Inn near the University of Michigan directly to reserve your room. Reference the SCHOOL OF SOCIAL WORK when making your reservation. The room block will released on October 10, 2008 so make your reservations quickly.
REGISTRATION

Pre-Registration Required. (This conference is approved for 6.5 SW-CEU contact hours) Space is limited, so register early!

Registration fee includes continental breakfast, lunch, breaks, conference materials and CE unit certificates.

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_____ Sallie Foley  _____ Kathleen Wade

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