General Information

Registrations are accepted online, by telephone, mail, or fax, and may be completed using MasterCard, Visa, Discover, or American Express. Checks made payable to the Regents of the University of Michigan are also accepted.

Online Registration:  [www.ssw.umich.edu/programs/ce](http://www.ssw.umich.edu/programs/ce)
Telephone:  734.763.5723
Fax:  734.763.5723
Mailing Address:  Office of Continuing Professional Education
University of Michigan School of Social Work
1080 South University, Box 147
Ann Arbor, MI 48109-1106

Fees include registration, social work continuing education contact hours (CECHs), and materials; textbooks may not be included.

UM SSW field instructors receive a 50% discount up to $200 per year. If you are a current, active field instructor, please be certain to indicate as such on your registration.

Confirmation of registration will be emailed to you within three business days of receipt. Please be sure to provide your email address, or contact the Office of Continuing Professional Education to check the status of your registration.

Cancellations must be made at least seven days prior to the start of the session in order to receive a 75% refund. All other cancellations are non-refundable. Information about our policy is available at [http://ssw.umich.edu/programs/ce/register.html](http://ssw.umich.edu/programs/ce/register.html).

Verifications of attendance will provided at the conclusion of the program.

Directions can be found at [http://www.ssw.umich.edu/contact/directions.html](http://www.ssw.umich.edu/contact/directions.html). Or, to use the Campus Information Centers’ “Direction Finder” visit [http://uuis.umich.edu/cic/directions/index.cfm](http://uuis.umich.edu/cic/directions/index.cfm).

Parking on campus is at a premium. You are encouraged to allow for an extra 15-20 minutes ensuring an on-time arrival to your workshop. Parking expenses are not included in the cost of the program. Information on parking is available at [http://www.a2dda.org/parking__transportation/parking_options/](http://www.a2dda.org/parking__transportation/parking_options/).

For your comfort, it is recommended that you dress in layers to accommodate the fluctuation of classroom temperatures.

Continental breakfast is provided for day-long workshops; all other snacks and meals are on your own.

Workshops are brief, intensive educational programs focuses on imparting knowledge, techniques, and skills in a particular field.

Mini courses are intensive, skill-based courses for individuals interested in studying, in-depth, an intervention or skill set relevant to a particular area of social work practice. Mini-courses offer an integrated learning environment for current graduate-level MSW students as well as community professionals.

Certificate programs are a series of courses in a designated area, which, upon completion, offer a document certifying that the requirements of that particular discipline have been fulfilled as outlined by the University of Michigan School of Social Work.

Institutes are intensive, skill-based programs for individuals interested in studying, in dept, an intervention or skill set relevant to a particular area of social work practice. Institutes are for community professionals.

For more information email ssw.conted@umich.edu or call 734.763.5723
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The AniCare Approach: Interrupting the Cycle of Violence

Primary Instructor: Kenneth Shapiro
May 12 and May 13, 2011

Over the past two decades, a growing body of empirical research has documented an association between violence toward humans and animal abuse: animal abuse more often occurs in families where there is also spousal, child, or elder abuse. The AniCare Approach is an important tool for interrupting the cycle of violence in which animal abuse repeats or co-occurs with violence against humans.

The AniCare Approach is based on cognitive behavioral and psychodynamic theories. In addition to face-to-face instruction, handbooks provide detailed and practical suggestions for assessment and treatment, and give special attention to beliefs and attitudes about animals, whether arising in personal, familial, or subcultural contexts.

AniCare [Adult]
Thursday, May 12th
Based on well-established and validated interventions for perpetrators of domestic violence, AniCare (Adult) emphasizes client accountability, emotional intelligence, and interpersonal skills. It also specifically addresses the common but recalcitrant problem of hoarding.

AniCare [Child]
Friday, May 13th
Based on adaptations of validated interventions for juvenile conduct and related disorders, AniCare (Child) uses drawings, puppet play, and stories to teach empathy and self-management skills.

Multidisciplinary Institute on Child Sexual Abuse
Primary Instructor: Kathleen Coulborn Faller
June 20 - 24, 2011

The University of Michigan School of Social Work is sponsoring a state-of-the-art, evidence-based institute on assessment and intervention in cases of child sexual abuse. The institute advocates a child-focused approach to assessment and intervention and incorporates principles of cultural humility.

Participants will gain an understanding of how this approach can assist professionals in synthesizing case background information, psychosocial assessment findings, psychological testing, and medical examinations findings that result in comprehensive evaluations and appropriate recommendations. In addition, participants will learn how to use psychosocial assessment guidelines as tools for collecting essential information in forensic interviews.

Participants will learn how to conduct assessments using guidelines of both non-offending caretakers and alleged offenders. Participants will also learn about forensic and clinical assessment of children who are alleged victims, including appropriate interview structure, questions, and use of communication aides, such as dolls and drawings.

Putting Youth to Work: Lessons and Challenges from the Detroit Summer Youth Employment Program
February 8, 2011
5:30 pm - 7:30 pm

For additional information about these programs || www.ssw.umich.edu/programs/ce/
From Teasing to Torment: Improving School Climate for GLBT Students

Instructors: Susan Radzilowski | Lance Hicks

Gay, Lesbian, Bi-Sexual and Transgender (GLBT) youth are at increased risk of suicide, mental health problems, school failure, substance abuse, homelessness, and bullying. A recent survey found that nearly 9 out of 10 GLBT students experienced harassment at school and nearly two-thirds felt unsafe. Social Workers are uniquely positioned to serve as allies and advocates, helping to create safe schools for GLBT youth. In this session, participants will become familiar with terminology associated with GLBT students, and will learn how membership in one or more of these oppressed groups is associated with academic failure, school withdrawal and other risk factors such as depression, adult exploitation, substance abuse and family alienation. Participants will become aware of micro and macro level strategies that can be employed with, and on behalf of, GLBT students to mitigate some of these factors.

Upon completion, participants will be able to:
- Discuss the phenomena of suicide by youth who are gay, perceived to be gay, or gender-nonconforming
- Develop knowledge and sensitivity to the risk factors facing GLBT youth at school
- Be familiar with community resources available to support GLBT students and their allies
- Explore intervention strategies to specifically designed to assist GLBT youth with issues such as suicide prevention and transitions (coming out), family stressors and peer problems

When
Thursday, January 13
1:00 PM to 4:00 PM
[Registration begins at 12:45 PM]

Location
University of Michigan School of Social Work
1080 South University Avenue, Ann Arbor
Room 1840 (Educational Conference Center)

Practice
Clinical

Skill level
All Levels

$60.00 | 3 CECHs

Winkelman Lecture - Family Care in an Aging Society: Issues and Interventions

Instructor: Steven H. Zarit

Not so long ago, social scientists were predicting the demise of the extended family. Rather than withering away, family connections across generations have strengthened and taken on increasing responsibilities for important transitions, whether addressing the social and economic needs of children in their 20s or the dependencies of a spouse or parent at the end of life. In this lecture, Dr. Zarit will examine the patterns of reciprocity of families, discuss how care of elders emerges from everyday exchanges of support, and examine promising strategies for assisting families to provide high quality care while controlling the physical and emotional costs to themselves.

When
Monday, January 31
2:00 PM to 5:00 PM
[Registration begins at 1:45 PM]

Location
University of Michigan School of Social Work
1080 South University Avenue, Ann Arbor
Room 1840 (Educational Conference Center)

Practice
Clinical

Skill level
All Levels

$20.00 | 2.5 CECHs
Developing a Learning Culture in Nonprofit Organizations

Instructor: Stephen Gill

Organizations must be continually learning and changing to be able to respond to our society's needs now and in the future. This workshop will give participants hands-on practice with several tools that can be used to facilitate continuous learning by individuals, teams, agencies, and with their larger communities.

Upon completion, participants will be able to:
- Define "learning culture" within social work agencies
- Articulate at least one tool for each of the four levels of learning: individual, team, organization, and community learning
- Use feedback and reflection for the purpose of continuous learning

When
Thursday, February 10
9:00 AM to 12:00 PM
[Registration begins at 8:45 AM]

Location
University of Michigan School of Social Work
1080 South University Avenue, Ann Arbor
Room 1840 (Educational Conference Center)

Practice
Macro

Skill level
All Levels

$60.00 || 3 CECHs

Remaining Current with the Research: Where and How to Locate Freely Available Resources to Inform Social Work Practice

Instructor: Brian E. Perron

Social workers are increasingly pressured to be knowledgeable of and ground their practices in the latest research. While social work students regularly use journals and databases as part of their coursework, accessing these resources following graduation is nearly impossible. Social work agencies cannot afford expensive subscriptions, and typical caseloads prevent social workers from finding the time to obtain resources and information from other places. Responding to such pressures has been a near impossible task. However, recent policy changes, publication mechanisms, and technology innovations have improved the accessibility of research knowledge. This workshop will provide practical guidance on how to effectively and efficiently access freely available resources to inform social work practice.

When
Wednesday, February 16
9:00 AM to 12:00 PM
[Registration begins at 8:45 AM]

Location
University of Michigan School of Social Work
1080 South University Avenue, Ann Arbor
Room B638

Practice
Macro

Skill level
Beginner or Refresher

$60.00 || 3 CECHs
Evidence Based Practice Series - Trauma Services in a Community Mental Health Setting: The TREM Approach
Instructor: Stephen R. Wiland

Drawing from the experience of Washtenaw County’s successful 2008-09 grant-funded efforts to develop and implement trauma-informed and trauma-specific services within their community mental health service sector, this workshop is intended to introduce participants to available, adaptable models of trauma-specific treatment. This training will equip participants with foundational knowledge and perspectives to move toward launching trauma-specific treatment services utilizing the Trauma Recovery and Empowerment Model (TREM) approach for both female and male clients with mental health and co-occurring addictive disorders.

Upon completion, participants will be able to:
- Define trauma, posttraumatic stress, and Posttraumatic Stress Disorder (PTSD)
- Understand the Trauma Recovery and Empowerment Model (TREM) evidence-based practice for treating trauma
- Examine instruments for engaging with clients, and for assessing trauma symptoms and measuring treatment progress
- Identify processes to safeguard against secondary traumatic stress

When
Friday, February 25
9:00 AM to 12:00 PM
[Registration begins at 8:45 AM]

Location
University of Michigan School of Social Work
1080 South University Avenue, Ann Arbor
Room 1840 (Educational Conference Center)

Practice
Clinical

Skill level
All Levels

$60.00  3 CECHs

Evidence Based Practice Series - Trauma Services in a Community Mental Health Setting: The Seeking Safety Model
Instructor: Stephen R. Wiland

Drawing from the experience of Washtenaw County’s successful 2008-09 grant-funded efforts to develop and implement trauma-informed and trauma-specific services within their community mental health service sector, this workshop is intended to introduce participants to available, adaptable models of trauma-specific treatment. This training will equip participants with foundational knowledge and perspectives to move toward launching trauma-specific treatment services utilizing Lisa Najavits’s Seeking Safety model for female consumers of mental health treatment services, particularly those with co-occurring substance use disorders.

When
Friday, March 11
9:00 AM to 12:00 PM
[Registration begins at 8:45 AM]

Location
University of Michigan School of Social Work
1080 South University Avenue, Ann Arbor
Room 1840 (Educational Conference Center)

Practice
Clinical

Skill level
All Levels

$60.00  3 CECHs
Increasingly, research describes the clinical benefits of guided imagery. It confirms what many people contending with pain, anxiety, chronic illness, grief and/or depression have observed: that guided imagery is very effective for managing the stress, fatigue, and sense of hopelessness often associated with health or life-altering situations. In those moments of relaxed focus, generated by imagery, people can remember what it’s like to feel a sense of control and a sense of safety long enough to complete a difficult task or put one foot in front of another (literally and figuratively). Those reminders can provide a break from the tyranny of worry and can boost one’s sense of mastery.

Upon completion, participants will be able to:
- Review recent efficacy research for Guided Imagery/Relaxation Techniques as it relates to pain management
- Understand the role of the “right brain” in accessing the body’s abilities to manage pain
- Engage in demonstration of guided imagery and relaxation techniques designed to manage pain in experiential exercises

When
- Tuesday, March 15
- 3:00 PM to 4:30 PM
- [Registration begins at 2:45 PM]

Location
- University of Michigan School of Social Work
- 1080 South University Avenue, Ann Arbor
- Room 1840 (Educational Conference Center)

Practice
- Pain

Skill level
- All Levels

$60.00 || 1.5 Pain CECHs

Working with Law Enforcement: Fostering and Maintaining Positive and Effective Relationships

Interactions between social workers and police officers often involve emotionally charged issues such as mental illness and involuntary commitment, child or vulnerable adult abuse, domestic violence, and juvenile justice. This workshop will assist in defining professional social work roles and responsibilities when working with police, and will identify collaborative and effective approaches for working on an investigation or in an emergency situation. This workshop will also review how to effectively prepare documents and testimony for courtrooms, and will offer real life case examples.

Upon completion, participants will be able to:
- Define professional roles and responsibilities when working with police either when police are responding to an emergency or conducting an investigation
- Work collaboratively with police in emergency situations or when police are conducting investigations in order to minimize trauma to individuals in treatment or the accused
- Effectively prepare documents and testimony for courtrooms
- Balance the rights of the individual or family in treatment with the rights of the individual being investigated

When
- Friday, March 18
- 1:00 PM to 4:00 PM
- [Registration begins at 12:45 PM]

Location
- University of Michigan School of Social Work
- 1080 South University Avenue, Ann Arbor
- Room 1840 (Educational Conference Center)

Practice
- Clinical

Skill level
- All Levels

$60.00 || 3 CECHs
Technology 101: Essential Uses of Technology for Social Workers

Instructor: Brian E. Perron

The National Association of Social Workers and Association of Social Work Boards published a set of ten standards regarding technology and social work practice. These standards are intended to be a guide for the social work profession to incorporate technology into its various missions. Unfortunately, social workers face significant demands on their time that prevent them from staying current, learning about, and using the latest technologies. The purpose of this course is to provide hands-on instruction to some of the latest technologies that are freely available, user-friendly, and relevant to many of the functions of social work practice. This course is designed specifically for the non-techie social worker, although participants must be proficient with basic Internet navigation, use of email, and file management (e.g., storing, moving and attaching files).

Upon completion, participants will be able to:
- Understand the concepts of Web 2.0 technologies and cloud computing
- Understand how technology can be effectively integrated into social work practice to facilitate productivity and collaboration
- Use various technologies for accessing and sharing information
- Practice strategies for remaining current with the latest technology developments

When
Thursday, March 24
1:00 PM to 4:00 PM
[Registration begins at 12:45 PM]

Location
University of Michigan School of Social Work
1080 South University Avenue, Ann Arbor
Room B696

Practice
Macro

Skill level
Beginner or Refresher

$60.00 || 3 CECHs

Medical Aspects of Pediatric Physical Abuse

Instructor: Bethany Mohr

This course will focus on the information that is crucial to obtain for medical providers in order to assess whether physical abuse has occurred. Detailed discussions regarding the various types of injuries, including skin injuries, head/neck injuries, fractures, burns, and abdominal trauma will be presented using case examples.

When
Tuesday, March 29
1:00 PM to 4:00 PM
[Registration begins at 12:45 PM]

Location
University of Michigan School of Social Work
1080 South University Avenue, Ann Arbor
Room 1840 (Educational Conference Center)

Practice
Clinical

Skill level
All Levels

Upon completion, participants will be able to:
- Be more knowledgeable regarding injuries which may represent physical abuse
- Be more familiar with findings which may mimic abuse
- Understand the importance of considering neglect even if an injury is not diagnostic of physical abuse
- Be more adept at obtaining the information necessary to determine if physical abuse has occurred

When
Tuesday, March 29
1:00 PM to 4:00 PM
[Registration begins at 12:45 PM]

Location
University of Michigan School of Social Work
1080 South University Avenue, Ann Arbor
Room 1840 (Educational Conference Center)

Practice
Clinical

Skill level
All Levels

$60.00 || 3 CECHs
Clinical Ethics: A Practical Approach to Ethical Decisions in Clinical Practice

Instructors: Janet C. Allen, Mary P. Gass

This session will review basic ethical principles and how they apply in clinical decision-making. Participants will practice with case examples that include cultural and religious features, and will focus on client preference, quality of life, and the impact of contextual features in ethical decision-making.

Upon completion, participants will be able to:
- Gain knowledge of basic ethical principles
- Understand the differences in applying these principles based on client’s age: adult versus child
- Apply ethical principles to relevant case material
- Apply ethical principles to cases involving religious and cultural features
- Understand the Social Work Code of Ethics as it relates to basic ethical principles

When
Thursday, March 31
9:00 AM to 3:00 PM
[Registration begins at 8:45 AM]

Location
University of Michigan School of Social Work
1080 South University Avenue, Ann Arbor
Room 1840 (Educational Conference Center)

Practice
Clinical & Ethics

Skill level
Beginner & Intermediate

$130.00 | 5 Ethics CECHs

Best Practices in Representing Victims of Human Trafficking

Instructor: Bridgette Carr

Human trafficking occurs throughout the United States. When victims of human trafficking are identified, they are often required to work with a team of professionals to prosecute their traffickers. This session will help mental health professionals to understand the realities of human trafficking, their role within the team, and their obligations to their client in order to best represent individuals who have been victimized by human trafficking.

Upon completion, participants will be able to:
- Define human trafficking
- Understand the roles and responsibilities of various professionals who work on a human trafficking case
- Describe the challenges that can arise from the collaboration required by federal human trafficking law

When
Thursday, April 7
9:00 AM to 12:00 PM
[Registration begins at 8:45 AM]

Location
University of Michigan School of Social Work
1080 South University Avenue, Ann Arbor
Room 1840 (Educational Conference Center)

Practice
Clinical & Macro

Skill level
All Levels

$60.00 | 3 CECHs
Life Goals Collaborative Care Training in Bipolar Disorder

Instructors: Amy Kilbourne || Mark Bauer || Julia Clogston

The goal of Life Goals Collaborative Care (LGCC) training is to teach professionals how to help patients with mental disorders achieve personal wellness goals through a combination of group counseling and individualized guidance in promoting healthy lifestyles and symptom management. LGCC is a manual-based, brief intervention based on principles of the Chronic Care Model and Motivational Interviewing, and combines best practices in patient self-management education and care management.

Upon completion, participants will be able to:
- Demonstrate three methods for assessing bipolar disorder
- Demonstrate three methods for treating bipolar disorder
- List four techniques to help an individual with bipolar disorder participate in their own treatment/action plan
- List three techniques for helping a client identify triggers for mania
- List three techniques for helping a client identify triggers for depression
- Discuss one technique for helping a client develop their own personal life wellness/life goal attainment program

When
Friday, April 8
8:00 AM to 5:00 PM
[Registration begins at 7:45 AM]

Location
University of Michigan School of Social Work
1080 South University Avenue, Ann Arbor
Room 1840 (Educational Conference Center)

Practice
Clinical

Skill level
All Levels

$150.00 || 8 CECHs

Promising Group Therapies with Older Adults

Instructors: Berit Ingersoll-Dayton || Sally Edwards || Mary E. Rumman || Regina L. Abney || Mariko A. Foulk || Lynn E. Stern

This course will explore four different evidence-based practices in group settings for older adult clients, including Cognitive Behavior Therapy, Positive Aging, Forgiveness, and Mindfulness-based Cognitive Therapy. Clinical components of each therapy approach will be explored, along with experiential exercises, and a discussion of how they can be applied to a group modality. Practical guidelines of how to plan, market and implement various group formats will be shared. Group session syllabi, handouts and discussion examples will give participants useful tools for their own practices.

Upon completion, participants will be able to:
- Identify at least one benefit associated with a Positive Aging Group
- Identify at least one benefit associated with a Cognitive Behavioral Group
- Identify at least one benefit associated with a Mindfulness Group
- Identify at least one benefit associated with a Forgiveness Group
- Apply three or more interventions from this session on psychotherapy groups to their own practice

Proceeds from this workshop will benefit the Turner Geriatric Clinic Department of Social Work Services

When
Friday, April 15
9:00 AM to 3:00 PM
[Registration begins at 8:45 AM]

Location
University of Michigan School of Social Work
1080 South University Avenue, Ann Arbor
Room 1840 (Educational Conference Center)

Practice
Clinical

Skill level
All Levels with Basic Knowledge of Group Therapy

$100.00 || 5 CECHs
Certificates

University of Michigan Sexual Health Certificate

The University of Michigan Sexual Health Certificate (UMSHC), offered in partnership by the University of Michigan School of Social Work Office of Continuing Professional Education and the University of Michigan Health System center for sexual health, provides comprehensive education and training to professionals interested in the field of sexual health. It promotes an educational basis that is essential for the training of professionals as sexuality educators, sexuality counselors, and sex therapists. The 20-month certificate program utilizes American Association of Sexuality Educators Counselors and Therapists (AASECT) - recommended standards of learning including six courses (90 hours) in sexuality education, a specialized values training called the Sexual Attitude Reassessment (SAR), and additional hours of training specific to certification credentials in sexuality educator, sexuality counselor, and sex therapist. At the conclusion of the program, participants receive a certificate indicating successful completion of the University of Michigan Sexual Health Program; participants do not receive AASECT certification.

For more information or to download an application

www.ssw.umich.edu/programs/ce/UMSHC/

School Social Worker Certificate

The School Social Worker Certificate (SSWC), offered by the University of Michigan School of Social Work Office of Continuing Professional Education, provides comprehensive education to social work professionals interested in practicing as a school social worker in the state of Michigan. The SSWC is designed for post-MSW’s who have completed at least 500 hours of direct social work practice with children, youth, and/or families either as part of their MSW field placement or as post-MSW supervised practice hours. Also, a refresher course is available to those whose school social worker approval letters have expired, or who have formerly been issued school social worker full approval by the state of Michigan, but the approval has lapsed. In each of these instances, those wishing to enroll must have fulfilled the school social worker course requirements and 500 hours of direct social work practice with children, youth, and/or families.

The School Social Worker Certificate Program consists of three continuing education courses:

- Social Work in Educational Settings
- Psychological Testing
- Mental Health and Mental Disabilities in Children and Youth.

For more information, including course dates

www.ssw.umich.edu/programs/ce/schools/
Geographic Information Systems (GIS) for Social Workers

Instructor: Larry M. Gant

The goal of the GIS mini-course is to provide a general introduction to the use of GIS software for social work practice. Students will learn the basics of practical mapping of data and information using a range of GIS software, as well as the basic strategies of securing data, map images, and integration of maps and data to create single and multi-layered data maps. Students will be presented with real time applications of this mapped information in clinical and community practice.

Upon completion, participants will be able to:
- Describe the theory and practice behind the use of GIS
- Identify, create and import databases, information spreadsheets, maps, and images into a GIS
- Produce a variety of data maps using several basic GIS packages
- Describe the strengths and limitations of GIS mapping applications

When
Fridays, January 7, 14, 21, 28, and February 4
9:00 AM to 12:00 PM
[Registration begins at 8:45 AM]

Location
University of Michigan School of Social Work
1080 South University Avenue, Ann Arbor
Room TBA

Practice
Macro

Skill level
Beginner or Refresher

$240.00  14 CECHs

Motivational Interviewing for Social Workers

Instructor: Stephen R. Wiland

This mini-course will provide a basic introduction to motivational interviewing. Utilizing the professional training videotape series developed by William R. Miller and Stephen Rollnick, the mini-course will lay a foundation for learners to begin to develop their motivational interviewing/enhancement clinical skills in the service of better facilitating change with their consumers.

When
Saturdays, January 8, 15, 22, 29, and February 5
2:00 PM to 5:00 PM
[Registration begins at 1:45 PM]

Location
University of Michigan School of Social Work
1080 South University Avenue, Ann Arbor
Room TBA

Practice
Clinical

Skill level
Beginner or Refresher

Upon completion, participants will be able to:
- Develop a basic working knowledge of motivational interviewing/enhancement
- Be familiar with the basic tools/skills of motivational interviewing
- Develop a basic understanding of application of these skills in early engagement, information exchange, and initiation of a plan of action with a client
- Be familiar with additional information and resources regarding developing skills in MI/ME

$240.00  14 CECHs
Family Psychoeducation Intervention Work with Adults, Adolescents, Children, and Their Families/Extended Support Networks

Instructor: James Svensson

This mini-course will focus on developing the group work skills necessary to implement evidence-based family psychoeducation interventions in work with adults, adolescents, children, and their families. Special emphasis will be given to the family psychoeducation approach using multiple family groups in the treatment of severe psychiatric disorders. This course will examine the theoretical and empirical foundations for family psychoeducation, the practice of multi-family group treatment in schizophrenia, bipolar illness, major depressive disorder, borderline personality disorder, and with children and adolescents with serious mental illnesses.

Upon completion, participants will be able to:
- Discuss the psycho-biology of schizophrenia, the effects of the illness on the individual and the family
- Educate families and people with schizophrenia about how to cope with the illness
- Use the problem solving method and other FPE techniques to help run or start a group
- Discuss the efficacy of this approach and how it is different from standard treatment for schizophrenia

When
Tuesdays, January 11, 18, 25, and February 1 & 8
5:00 PM to 8:00 PM
[Registration begins at 4:45 PM]

Location
University of Michigan School of Social Work
1080 South University Avenue, Ann Arbor
Room TBA

Practice
Clinical

Skill level
Beginner or Refresher

$240.00 14 CECHs

Cognitive Behavioral Therapy for Children and Adolescents with Anxiety Problems

Instructor: Daniel J. Fischer

The focus of this skill-based mini-course is on the concepts, theory, principles and procedures appropriate to the assessment and effective cognitive-behavioral therapy of children and adolescents with anxiety problems. The course content reflects advanced material of current relevance for effective clinical practice. Specifically, this course will provide updated training in the cognitive-behavioral treatment of anxiety disorders in children and youth.

When
Thursdays, January 20, 27, and February 10 & 17
5:00 PM to 9:00 PM
[Registration begins at 4:45 PM]

Location
University of Michigan School of Social Work
1080 South University Avenue, Ann Arbor
Room TBA

Practice
Clinical

Skill level
Beginner or Refresher

Upon completion, participants will be able to:
- Assess and diagnose children and adolescents with anxiety disorders
- Understand the impact of various diversity dimensions during the assessment, diagnosis and intervention phases of work
- Design, develop, implement and evaluate evidence based cognitive behavioral interventions that are based on identifiable goals and priorities in a culturally sensitive and culturally competent manner
- Incorporate social work values and ethical principals in planning and implementing cognitive behavioral therapy for children and youth

$240.00 14 CECHs
Managerial Supervision in the Human Services

Instructor: John E. Tropman

This mini-course will focus on three or four key skills in the area of Managerial Supervision in the Human Services. The course begins with an introduction to managerial supervision and the differences between managerial supervision and clinical supervision. Focus will be also be placed on the tensions between these two work modalities and the conflicts they can create. Issues of power, fatefulness, working to standard, and evaluation are considered as well. Supervisory role playing in triads, with a supervisor, a direct report, and an observer will be used. This course will address supervision for retention and will stress the effective supervisory meeting, both dyadic and group-based.

Upon completion, participants will be able to:
- Acquaint the participants with the differences between managerial and clinical supervision
- Assist in establishing role clarity between the two, and provide experience in handling common managerial issues
- Provide specific techniques for dealing with supervision in retention & with managerial supervisory meetings
- Provide specific techniques for managerial; supervisory decision making

When
Saturdays, February 5 and 12
8:30 AM to 4:30 PM
[Registration begins at 8:15 AM]

Location
University of Michigan School of Social Work
1080 South University Avenue, Ann Arbor
Room TBA

Practice
Macro

Skill level
Beginner or Refresher

$240.00  14 CECHs

Argumentation, Decision Making, and Advocacy

Instructor: David J. Tucker

This course deals with argumentation as the construction, presentation and evaluation of effective reasoning. The major objective of this course is to teach participants how to argue well in critical decision-making and advocacy contexts. To this end, the emphasis will be on learning the basics of argumentation evaluation and production, and how argumentation theory can be used to analyze, produce, and counter arguments in decision making and advocacy contexts.

When
Mondays, February 7, 14, 21, and March 7 & 14
4:00 PM to 7:00 PM
[Registration begins at 3:45 PM]

Location
University of Michigan School of Social Work
1080 South University Avenue, Ann Arbor
Room TBA

Practice
Macro

Skill level
Beginner or Refresher

Upon completion, participants will be able to:
- Identify, describe and analyze controversies, and conditions under which they arise and are resolved
- Describe and analyze argumentation not as a simple “flurry of words” but as reason-giving under conditions of uncertainty, which entails the risk of being proved wrong and of having to change beliefs
- Describe and analyze argumentation as not seeking compliance, but reflective judgment
- Identify and analyze the logical fallacies of argumentation

$240.00  14 CECHs
**Working with Couples in Therapy**

**Instructor:** Laura J. Nitzberg

This mini-course is designed to familiarize students with the current theories of couples therapy. Empirically supported models utilized in couple therapy will be examined. The mini-course will also look at some of the key issues and challenges faced by therapists providing couples therapy, and will be skill-based and focus on helping students to learn effective approaches to working with couples in therapy.

**Upon completion, participants will be able to:**
- Examine current theories of couples therapy
- Explore empirically supported models (especially for depression and other mental disorders) utilized in couple therapy in terms of their concepts of health assumptions, goals, assessment features, diversity factors and interventions
- Address key issues and challenges faced by therapists who provide couple therapy
- Provide opportunities for students to engage in skill based activities to promote application of couple therapy interventions

**When**
- Thursdays, March 10, 17, 24, 31, and April 7
- 5:30 PM to 8:30 PM
- [Registration begins at 5:15 PM]

**Location**
- University of Michigan School of Social Work
- 1080 South University Avenue, Ann Arbor
- Room TBA

**Practice**
- Clinical

**Skill level**
- Beginner or Refresher

$240.00  14 CECHs

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**Forensic Interviewing of Children**

**Instructor:** Kathleen C. Faller

Although social workers receive training in interviewing children, generally this training is inconsistent with forensic practice. There is an emerging body of research about how to elicit accurate narratives from children, which is a main goal of forensic interviewing. This research includes analogue studies & studies of children reported as possible victims of abuse. This mini-course will critically analyze this growing body of research & will demonstrate how it applies to cases of suspected abuse by use of simulations & videotapes of interviews of children who may have been abused. Rapport-building, appropriate questioning strategies, & use of supportive comments will be covered.

**When**
- Fridays, March 11 and 18
- 8:30 AM to 4:30 PM
- [Registration begins at 8:15 AM]

**Location**
- University of Michigan School of Social Work
- 1080 South University Avenue, Ann Arbor
- Room TBA

**Practice**
- Clinical

**Skill level**
- Beginner or Refresher

**Upon completion, participants will be able to:**
- Understand and be able to critically evaluate research related to forensic interviewing
- Understand the spectrum of interview protocols, structures, and guidelines
- Identify and employ appropriate questioning strategies in conducting a forensic interview
- Determine when to conduct an extended forensic assessment

$240.00  14 CECHs
Understanding the implications of early relationships on adult functioning can provide a therapeutic framework to assist in repairing the capacity to form and maintain healthy adult relationships. This course will examine and use attachment theory and emotional regulation theory as the foundation and will address relationship-based interventions in interpersonal practice with adults. This course presents advanced topics in interpersonal practice. The topics may include emerging practice methods, advanced application of methods covered in other required methods courses, and applications of methods in specific populations.

**Upon completion, participants will be able to:**
- Understand the theoretical construct of attachment patterns
- Comprehend the clinical correlates of adolescent and adult attachment organization
- Have an understanding of the dynamics of attachment to inform clinical thinking and intervention

**When**
Mondays, March 14, 21, 28, and April 4 & 11
5:00 PM to 8:00 PM
[Registration begins at 4:45 PM]

**Location**
University of Michigan School of Social Work
1080 South University Avenue, Ann Arbor
Room TBA

**Practice**
Clinical

**Skill level**
Beginner or Refresher

**$240.00  14 CECHs**

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This mini-course will provide an introductory examination into the principles of early intervention with families of infants and young children. Using attachment theory as a foundation, this course will examine best practices in supporting early developing relationships between infants and young children and their caregivers. Special attention will be given to understanding the processes through which practitioners can promote infant well-being and expand the parenting capacity to nurture and protect children.

**When**
Friday and Saturday, March 25 & 26
8:30 AM to 4:30 PM
[Registration begins at 8:15 AM]

**Location**
University of Michigan School of Social Work
1080 South University Avenue, Ann Arbor
Room TBA

**Practice**
Clinical

**Skill level**
Beginner or Refresher

**$240.00  14 CECHs**
Nina Abney, LMSW, ACSW, has been a clinical social worker for over 20 years, with a particular interest in the geriatric population. She has had direct clinical experience in health care and community settings in the United States and Germany. She offers individual and group counseling services using Cognitive Behavioral Therapy in her practice.

Janet Allen, LMSW, is a clinical social worker at the University of Michigan Hospitals primarily working in the Neonatal Intensive Care Unit. In addition to her clinical duties, she is a field instructor for the School of Social Work as well as a regular lecturer for medical residents and social work interns in the UMHS placement. She teaches a minicourse on Crisis Intervention in the Medical Setting and will be teaching a Minicourse on Medical Ethics this Fall. Ms. Allen has been a long term member of the Pediatric Ethics Committee for Mott Hospital and served as co-chair for the committee for 8 years.

Mark Bauer, MD, is professor of psychiatry at Harvard Medical School. In addition, he is the director of the Harvard South Shore Psychiatry Residency Training Program, and is an attending psychiatrist with the Boston VA Healthcare System. His research focus for the last decade has been on developing, testing, and implementing collaborative chronic care models to improve evidence-based treatment delivery for manic-depressive disorder and other serious mental illnesses.

Bridgette Carr, JD, directs the Human Trafficking Clinic at the University of Michigan Law School. Professor Carr is also the externship faculty supervisor for all domestic and South African externship placements. She graduated from the University of Notre Dame in 1998 with a B.A., cum laude, and earned her J.D. cum laude from the University of Michigan Law School in 2002.

Claire Casselman, LMSW, is a clinician in the Comprehensive Cancer Center where she provides “Guided Imagery and Meditation” education and services to patients, family members, caregivers and staff.

Julia Clogston, LMSW, is a care manager for the Achieving Wellness study and for the Bipolar disorder Recovery-Oriented Collaborative Care study. She has worked in mental health for the last seven years in both clinical and research capacities.

Sally Edwards, LMSW, has been a clinical social worker for more than 20 years. She specializes in individual and group psychotherapy services, and care giver support groups at the Turner Geriatric Clinic and Turner Senior Resource Center. Her clinical interests focus on cognitive behavioral therapy.

Kathleen Coulborn Fallar, PhD, ACSW, DCSW, is the Marion Elizabeth Blue Professor of Children and Families at the University of Michigan School of Social Work, where she has been a faculty member since 1977. She is also the director of the Family Assessment Clinic, a multidisciplinary team that evaluates complex child maltreatment cases, conducts case record reviews, and provides treatment.

Daniel Fischer, LMSW, is the director of the Child and Family Life Department at C.S. Mott Children’s Hospital and graduate social work education coordinator in the Department of Social Work at the University of Michigan. He is also an assistant clinical professor in the University of Michigan Department of Psychiatry. He has been an adjunct lecturer at the SSW since 1993. He has conducted numerous workshops, training seminars, and scientific presentations on the topic of cognitive-behavioral therapy with child/adolescent anxiety and disruptive behavior disorders, and has published several peer-reviewed articles and book chapters related to pediatric anxiety disorders and cognitive-behavioral therapy.

Marko Foulk, LMSW, ACSW, has been a clinical social worker for over 30 years, working in the fields of psychiatry and geriatrics. Her work includes providing individual and group psychotherapy and assessment of older adults and families. She has been using mindfulness based therapies in her practice for older adults for several years now, providing both DBT (dialectical behavioral therapy) skills groups and more recently MBCT (mindfulness based cognitive therapy) groups for older adults.

Professor Larry Gant’s research focuses on program evaluation of small and moderate-size human service and social action organizations in urban communities; the creation, implementation, and evaluation of community-based health promotion initiatives in the areas of early childhood development, substance abuse prevention, sexually transmitted diseases, and HIV/AIDS; the implementation and evaluation of community information technology centers; the creation, implementation, and evaluation of community-based high speed wireless access initiatives and the study of urban comprehensive community-based initiatives.

Mary Grambeau Gass, LMSW, is a clinical social worker working primarily in the Child and Adolescent Psychiatric Outpatient program at the University of Michigan Health System, and has been a member of the Pediatric Ethics Committee for many years.

Stephen Gill, PhD, is an independent consultant located in Ann Arbor, Michigan. He conducts organizational analyses, evaluates programs and services, and assesses the impact of employee performance improvement interventions. Gill has written over 50 articles and book chapters and developed manuals and handbooks on needs analysis, program evaluation, and human resource development.

Lance Hicks has been working at the grass roots level on behalf of LGBTQ youth since high school where he filled a leadership role in his school’s Gay Straight Alliance. He also helped to organize his school’s first Transgender Day of Remembrance. Lance organized and facilitated a Trans Youth Group in the Metro Detroit area and is one of the organizers of the Midwest Trans Youth Conference. Lance has given many presentations on LGBTQ issues and has been recognized both locally and nationally for his work. Lance is a 2009 recipient of the Colin Higgins Youth Courage Awards, presented by Colin Higgins Foundation.

Professor Berit Ingersoll-Dayton, PhD, LMSW, is the director of the Joint Doctoral Program in Social Work and Social Science. She is interested in social support and clinical research with respect to families in later life. She has assessed various group interventions with the elderly, intergenerational family therapy approaches, and methods of assisting employed caregivers of the elderly.

Amy Kilbourne, PhD, MPH, is an internationally recognized scholar in mental health services research. Her goal is to improve the quality and outcomes of medical care for persons with mental disorders. Dr. Kilbourne has developed one of the first psychosocial interventions for bipolar disorder and medical comorbidity, the Bipolar Medical Care Model (BCM); which emphasizes participant self-management, motivational enhancement, and collaborative care.
**Instructor Bios**

Bethany Mohr, MD, completed her pediatric residency at the University of Michigan in 2000, and then worked with the Child Protection Team at the University of Florida where she served as the medical director until 2007. Dr. Mohr then joined the University of Michigan Department of Pediatrics and Communicable Diseases where she works as a pediatric hospitalist and is currently the medical director of the Child Protection Team. Dr. Mohr’s clinical and research interests include Sudden Unexpected Infant Death (SUID) prevention and abusive head trauma.

Laura Nitzberg, LMSW, is the social work manager for inpatient adult and child psychiatry units, consultation-liaison social work, and addiction treatment services at the University of Michigan Health System. In addition, she is an adjunct faculty member of the University of Michigan School of Social Work, teaching classes on interpersonal practice with families, mental health practice, and couples treatment.

Brian Perron, PhD, worked as a clinical social worker for a number of years, providing treatment to persons with substance use disorders and serious mental illnesses. Currently, he is an assistant professor at the University of Michigan’s School of Social Work where he teaches courses in the area of diagnosis and treatment. Dr. Perron has an active program of research that has been funded by the National Institute on Mental Health, National Institute of Drug Abuse, the National Institute on Alcohol Abuse and Alcoholism, and the State of Michigan.

Susan Pasciak, LMSW, DCSW, has worked with children and youth as a school social worker for the past two decades. She serves as co-chair for a local chapter of a leading national education organization focused on ensuring safe schools for all students. Susan also sits on the NASW-Michigan Chapter Ethics Committee.

Mary Runman, LMSW, is a clinical social worker at Turner Geriatric Clinic at the University of Michigan Health System’s Geriatric Center. Her practice includes psychotherapy, group work on caregiving, low vision, positive aging, and cluttering.

Detective Tom Sinks is a twelve-year veteran of the Washtenaw County Office of the Sheriff. Prior to his joining the detective bureau, he was a deputy sheriff on the road patrol. Detective Sinks has extensive training in crime scene processing, forensic interviewing, and explosives investigations.

Lynn Stern, LMSW, has been a clinical social worker at the Turner Geriatric Clinic, University of Michigan Health System for 27 years. Her practice includes psychotherapy, group work, and assessment of older adults and families. Her clinical interests include family dynamics, memory, caregiving, and positive aging.

James Svensson, LMSW, worked for several years in the University of Michigan Psychiatric Emergency Service, and then for Washtenaw Community Mental Health as a team leader and then supervisor of the ACT program. In 2001 he started the first Family Psychoeducation Group in Michigan as an enhancement of services provided by his ACT program. That same year his teams implemented Integrated Dual Diagnosis Treatment (IDDT). In 2009, Svensson’s ACT program received the highest DDT Fidelity in the state by the MFAST fidelity rating team. Mr. Svensson is also a level II Family Psychoeducation Trainer for the State of Michigan and lecturer at the University of Michigan School of Social Work.

Professor David Tucker’s scholarly areas of interest include the formation, growth, and death of organizations; the structural analysis of inter-organizational service delivery systems; and the application of macro organizational theory to the analysis of selected social policy issues. His recent work also focuses on questions about the production and validation of knowledge. Prior to joining the faculty at the University of Michigan in 1990, Tucker served on the faculty at McMaster University, Hamilton, Ontario, Canada.

Jon Voelkner, LMSW, is the program administrator for Washtenaw County’s Community Support and Treatment Services (CSTTS) - Community Crisis Response Team. Before holding this position, Mr. Voelkner worked as a deputy sheriff with the Washtenaw County Office of the Sheriff, and was a crisis negotiator with the Special Threat Response Unit.

Stephen Wiland, LMSW, is a departmental specialist with the Michigan Department of Community Health – Service Innovation and Consultation Section. In this role, he researches, disseminates and oversees implementation of evidence-based practices and best practice models across Michigan’s public mental health system. In addition, he is an adjunct faculty member at the University of Michigan School of Social Work. Previously, Wiland was the clinical practices administrator at Washtenaw County Community Support and Treatment Services (WCCSTS).

Steven Zarit, PhD, is a researcher, educator and clinician whose work has focused on the mental health problems of older people and their families. He is professor of Human Development and Family Studies at the Pennsylvania State University and adjunct professor, Institute of Gerontology, Jönköping University, Jönköping, Sweden. Dr. Zarit has conducted pioneering work on the problems faced by families of people with Alzheimer’s disease and related memory disorders, and on interventions such as adult day services to relieve the stresses of family caregiving. He also studies functioning and adaptation in very late life.
Parking Information

Parking near the School of Social Work can be challenging at times. Participants are encouraged to allow for an extra 15-20 minutes to find parking.

Parking Structures
- The nearest public parking structure is on S. Forest Street - two blocks east of the School of Social Work. The hourly rate is $1.00.
- Participants who own a blue or gold University sensor can park at the S. Forest Street structure or the Church Street structure.

Parking Meters & E-park Stations
- Parking meters and/or e-park stations are located on most downtown streets, and include 30 minute, 1 hour and 2 hour meters. The hourly rate is $1.20, Monday through Saturday, 8am-6pm.
- Patrons can use coins at the traditional meters and credit cards, debit cards or coins at e-park stations.

Please be advised that the city of Ann Arbor does NOT allow for continuous meter feeding. As such, you are advised to move your vehicle once your allotted time has expired in order to avoid being ticketed.

Free Street Parking
- Residential street parking is available one block south of the School of Social Work, beyond the intersection of East University Avenue and Hill Street.

For additional information about parking [http://www.a2dda.org/parking__transportation/parking_options/]
To register online, visit www.ssw.umich.edu/programs/ce/

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