
SSW Mini-Courses Spring / Summer 2009

SW 790 001: Crisis Intervention in the Medical Setting

Instructor: **Janet Allen** CEUs: **14** Location: **ECC 1840**

Fridays, June 12 and 19 - 8:30 - 4:30

This mini course will explore assessment and intervention with people experiencing a medical crisis including areas of trauma, impact of medical diagnosis, loss of normal functioning and death of a loved one. The impact of crisis on patients and family members as well as medical caregivers will be addressed and specific interventions will be presented. Children in crisis will also be addressed. Testimonial information will be presented in part of the class by people who have experienced both medical crisis and social work crisis intervention.

Participants will have an opportunity to practice crisis intervention techniques through case examples.

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SW 790 002: Current Treatments for Trauma Survivors

Instructor: **Sallie Foley** CEUs: **14** Location: **ECC 1840**

Wed/Thu June 3 and 4 - 8:30 - 4:30

The purpose of this mini-course is to understand the impact of psychological trauma on adult functioning, to learn how to assess impact of trauma on functioning, and to gain skill in treatment of trauma.

Effects of trauma can be profound whether the trauma was a single episode/event, or was experienced over a period of time. Trauma can affect cognition, concentration, memory, self-esteem and ability to self-regulate and self soothe. Survivors of trauma can experience difficulty in trust or intimacy with others and often experience self-blame, shame, and guilt.

This course will provide an overview to trauma treatment for the individual including ways to help survivors of trauma establish safety, self-regulation that leads to feelings of competency, and healthy ways of self-soothing. Assessment will include evaluation of individual strengths, how the individual has coped through different developmental stages, the individual's present coping skills, ways of creating relationships with others and gaining support from others. Self-regulation and self-soothing techniques are evaluated including presentation of post-traumatic stress disorder in individuals, individual methods of emotion regulation and settling down emotions, ability to stay present in activities, meaning of spirituality or religion, connection to physical body, and impact of shame on individual.

Treatment planning for individuals affected by both acute trauma (single event) or complex trauma (chronic, childhood, or long-term) will be discussed, deciding priorities for treatment, including long term and short term goals.

The following outline, based on the work of Judith Herman and Besel Van der Kolk, will be the basis for defining treatment:

1. Establishment of safety and self-regulation
2. Addressing traumatic memories, including recognition of necessity for integrated treatment techniques
3. Connection in the present-the use of self-regulation and self-soothing to learn to establish and engage in relationships that are reciprocal and mutual

Objectives:

1. Participants will learn DSM IV-TR understanding of post traumatic stress disorder.
 2. Participants will gain skill in evaluating two common presenting problems for the survivor of trauma.
 3. Participants will gain skill in developing a treatment plan for the survivor of trauma.
 4. Participants will learn two interventions useful in short-term treatment of trauma survivors
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SW 790 004: Theory and Practice of Infant Mental Health

Instructor: **Julie Ribaud** CEUs: **14** Location: **ECC 1840**

Wednesdays, May 20 & 27 - 8:30 - 4:30

This course will examine the principles of early intervention with families of infants and young children. Using attachment theory as a foundation, we will examine best practices in supporting early developing relationships between infants and young children and their caregivers. Special attention will be given to understanding the processes through which practitioners can promote infant well-being and expand parenting capacity to nurture and protect their children.

SW 790 005: Health & Wellness for Transgender, Bisexual, Lesbian, and Gay Individuals and Families: Social Work Practice

Instructor: **Carrie Ross** CEUs: **14** Location: **3816 SSWB**

Fridays, May 29 and June 5 - 8:30 - 4:30

This course will provide an overview of health care disparities and concerns for transgender, bisexual, lesbian and gay patients and families. Participants will become familiar with barriers to health care access for this population as well as strategies for helping patients and families advocate for themselves as they navigate the increasingly complex system that is health care delivery in the US. We will review practice models for culturally competent social work practice with TBLG people and apply these to work in an interdisciplinary health care setting.

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SW 799 001: Geographic Information Systems (GIS) for Social Workers

Instructor: **Larry Gant** CEUs: **14** Location: **ECC 1840**

Wed/Thu July 8 and 9 - 8:30 - 4:30

The goal of the GIS course is to provide a general introduction to the use of GIS software for social work practice. Students will learn the basics of practical mapping of data and information using a range of GIS software. Student will learn the basic strategies of securing data, securing map images, and integration of maps and data to create single and multi-layered data maps. Students will be presented with real time applications of this mapped information in clinical and community practice.

Objectives: Students will be able to:

1. Describe the theory and practice behind the use of GIS.
2. Identify, create and import databases and information spreadsheets into a GIS.
3. Identify, create and import maps, pictures and images into a GIS
4. Produce a variety of data maps using several basic GIS packages.
5. Describe the strengths and limitations of GIS mapping applications.

SW 799 003: Budgeting and Financial Management for SW Managers

Instructor: **John Tropman** CEUs: **14** Location: **ECC 1840**

Thu/Fri July 16 and 17 - 8:30 - 4:30

This mini course focuses on four areas of budgeting and financial management – types and functions of budgets and their calculation and display, budget tracking and strategic indicators, the concept of the Professional Unit Method of Analysis and its calculation and application, and the total compensation approach to compensation for retention.

