

AMY J. SANFORD

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PROFESSIONAL HIGHLIGHTS

- Inpatient and outpatient medical social work skills
- Familiarity of the aging continuum
- Strong biopsychosocial assessments
- Resource coordination skills
- Competence utilizing the Mini-Mental State Examination and the Geriatric Depression Scale
- Supportive counseling experience

EDUCATION

University of Michigan, Ann Arbor, MI Expected Graduation December 2009
Master of Social Work
Concentration: Interpersonal Practice with Aging in Families and Society

Cedarville University, Cedarville, OH May 2008
Bachelor of Science in Social Work
Spanish and Bible Minors
Graduated with Highest Honors

SOCIAL WORK INTERNSHIP EXPERIENCE

University of Michigan Health System, Ann Arbor, MI May 2009-December 2009
Medical Social Work Intern, Turner Geriatric Clinic

- Conducted new patient assessments at a geriatric primary care clinic as a part of a multi-disciplinary team to provide comprehensive care
- Supplied resource referrals for high needs geriatric patients and families
- Provided in-home and outpatient counseling regarding grief and loss issues
- Coordinated and co-facilitated a six week Caring for Aging Relatives Seminar Series
- Developed and independently led a six week reminiscence group

University of Michigan Health System, Ann Arbor MI May 2009-August 2009
Medical Social Work Intern, Hospital Elder Life Program

- Evaluated inpatient geriatric patients' medical conditions, cognitive functioning, and psychosocial status
- Created patient-centered care plans for administration by volunteers to decrease delirium, social isolation, and physical deconditioning
- Utilized the Mini-Mental State Examination and the Mini-Cog Screening Tool for Dementia
- Participated in two 10 week educational series, one on Cognitive-Behavioral Therapy and one on Social Work with Substance Use Issues

Jewish Apartments and Services, Oak Park, MI September 2008-April 2009
Geriatric Social Work Intern, Prentis Jewish Apartments

- Conducted biopsychosocial assessments of geriatric residents at an independent living facility
- Coordinated home care services to ensure geriatric residents received adequate assistance with activities of daily living and instrumental activities of daily living
- Developed material for, planned, and facilitated a weekly memory group for 10-12 residents
- Administered the Geriatric Depression Scale, the Clock Drawing Task, and the MacNeill-Lichtenberg Decision Tree for Older Persons

Veterans' Health Administration, Dayton, OH August 2007-April 2008
Medical Social Work Intern

- Assessed inpatient veterans' social support systems, coping skills, and need for resources on an acute care unit for medical and surgical patients
- Coordinated patient discharges to extended care facilities
- Provided advance directive education and assisted veterans in completing advance directives

Elderly United, Springfield, OH October 2006-March 2007
Geriatric Social Work Intern, C.A.R.E. Program

- Provided respite care, home visits, and case management for elderly clients who were mentally and/or physically challenged
- Assessed the quality of service received by elderly clients in the homemaker program and provided recommendations to program coordinators
- Developed pamphlets and flyers to recruit volunteers for a friendly visitor program

EMPLOYMENT EXPERIENCE

Osher Lifelong Learning Institute, Ann Arbor, MI September 2008-December 2009
Office Assistant

- Provided general office support including: coordinating mailings, developing program advertisements, and processing course registrations and payments
- Trained and supervised office assistant volunteers
- Supplied inquiring older adults with information about lectures, classes, trips, and meetings

Hillsdale County Medical Care Facility, Hillsdale, MI May 2008-August 2008
Social Recreational Therapy/ Eden Aide May 2004-August 2004

- Worked as a team to administer daily visitations to approximately 160 residents
- Facilitated reminiscence, memory, and exercise groups for geriatric residents
- Practiced from the Eden Alternatives model of service delivery to improve quality of life

Centennial Library, Cedarville, OH August 2006-April 2008
MediaPLEX Student Assistant

- Handled the sales of paper products, educational materials, and craft materials
- Assisted patrons with printing and laminating projects
- Resolved computer, printer, and software problems in a large computer lab

VOLUNTEER EXPERIENCE

Epsilon Omega, Cedarville, OH August 2007-May 2008
Treasurer of the Cedarville University chapter of Phi Alpha Honor Society

Elderly United, C.A.R.E., Springfield, OH March 2007-May 2008
Companion Volunteer

AWARDS AND HONORS

University of Michigan Geriatric Social Work Scholar Fall 2008-Fall 2009

Vivian A. and James L. Curtis Endowed Scholarship for Geriatric Social Work Fall 2008

James A. Smith Elderly Compassion Memorial Scholarship Spring 2008

Cedarville University Dean's List Fall 2004-Spring 2008