

Alyssa B. Erickson

2133 Glencoe Hills D #10 Ann Arbor, MI 48108
701-388-2633 alyssae@umich.edu

EDUCATION

Masters of Social Work, University of Michigan, Expected 12/2009
Concentration: Aging in Families and Society, Interpersonal Practice
Geriatric Scholar
Specialist in Aging Certificate

Bachelor of Arts Psychology, University of Minnesota, 5/2008
Minor: Family Social Science
Summa cum Laude
Second Language Proficiency-German

SOCIAL WORK INTERNSHIP EXPERIENCE

Mental Health Social Worker, John Dingell Veterans Affairs Medical Center, Detroit, MI, 5/2009-8/2009

- Administered strengths-based psychosocial assessments to diverse patient population and documented clinical progress notes in computerized medical records for the Geriatric Mental Health Clinic
- Provided assistance and education on Durable Power of Attorney forms, Medicaid and Medicare, and advanced care directives for veterans in hospice end-of-life care and families dealing with grief and loss
- Provided individual brief therapy using evidence-based practice methods and developed treatment plans to meet the ongoing medical, emotional, spiritual and social needs of veterans
- Used solution-focused therapy, mindfulness and relaxation strategies, motivational interviewing, cognitive and dialectical behavioral interventions for groups in an outpatient therapy program
- Evaluated the Military Sexual Trauma Program to measure program goals, objectives and outcomes

Inpatient Psychiatric Social Worker, St. Joseph Mercy Hospital, Ann Arbor, MI, 8/2008-4/2009

- Completed intake assessments for adults with acute psychiatric illness, which enhanced clinical skills
- Co-facilitated a weekly social rhythms educational group and a bi-weekly dual diagnosis psychotherapy group in an outpatient treatment center
- Documented clinical progress notes and met with patients individually for therapy sessions
- Created a discharge manual used by patient admissions in collaboration with an inter-disciplinary team
- Used communication skills to develop individualized treatment plans, implement crisis intervention strategies and discharge plans, and connect patients with community resources
- Attended public policy education, ethics board and shared governance agency meetings that informed my knowledge of organizational structure, conflict- management and decision making in hospitals
- Administered and scored the Mini-Mental Status Exam, Geriatric Depression Scale, Global Assessment of Functioning Scale, and used the DSM-IV to evaluate diagnostic criteria

RESEARCH EXPERIENCE

Neuroscience Behavior Lab, University of Michigan, 8/2009-present

- Delivered and scored cognitive assessments to participants with a diagnosis of Parkinson's Disease
- Administered computerized tasks to assess patient's abilities to learn new motor and cognitive skills

Honors Thesis, University of Minnesota, 8/2007-5/2008

- Designed a study on attachment and social regulatory conditioning published in Psychological Science
- Recruited and collected data from 90 participants; analyzed and reported significant research findings

Research Practicum, University of Michigan, 1/2007-5/2007

- Recruited couples in relationships, administered questionnaires, handled consent and debrief forms
- Used E-Prime and galvanic skin responses to measure emotional arousal after violating expectations

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FUNDRAISING, COMMUNITY ORGANIZATION AND LEADERSHIP SKILLS

Campus Crusade for Christ, Minneapolis, MN, 9/2004-5/2008

- Leader in a faith-based organization, worked on fundraising, event coordination and media advocacy
- Provided weekly mentorship and training for women to establish organizational sustainability, and increased membership from 100 to over 600 students in 4 years through strategic planning
- Raised \$44,000 to establish an international partnership organization in France

National Honor of Psychology Vice President and active member Minneapolis, MN, 5/2006-5/2008

- Served as mediator between students and leadership team, recruited 30 new students, educated students on benefits of membership, managed member database and distributed materials
- Planned weekly meetings and social events, recruited speakers and coordinated fundraisers
- Independently established relationships with 5 community businesses and received \$200 in donations

Valley Christian Counseling, Receptionist, Fargo, ND, 5/2005-9/2005

- Utilized Microsoft Excel and Word to compile six months of demographic information into graphs and statistics
- Provided presentation materials to be used at an annual review which led to a grant renewal

VOLUNTEER EXPERIENCE

St. John's Prairie Psychiatric Clinic, Adolescent Psychiatry Intern, Fargo, ND, 6/2006-8/2006

- Designed a six-month curriculum for adolescent group therapy in a clinical setting

College of Liberal Arts Student Honors Association, Minneapolis, MN, 9/2005-5/2008

- Volunteered at inner-city homeless shelter and an urban nursing home for senior citizens

International Experience, Montpellier, France, 5/2006-7/2006

- Trained students in Biblical philosophy and community organizational skills for 6 weeks overseas

WORK EXPERIENCE

- Caribou Coffee, Barista Minneapolis, MN, 10/2006-5/2008
- Home Instead Senior Care, Caregiver Fargo, ND, 6/2008-8/2008
- Roseville Parks and Recreation, Minneapolis, MN, 5/2007-8/2007

AWARDS AND HONORS

- Geriatric Scholarship- University of Michigan, \$32,000, 2008
- MI Scholar Program- University of Michigan, \$14,000, 2008
- Alumnae Council Scholarship- University of Michigan, \$4,000, 2009
- Mortensen Academic Scholarship- University of Minnesota, \$1000, 2007
- Lucky Waller Scholarship- University of Minnesota, \$750, 2007

PROFESSIONAL AFFILIATIONS

- Sigma Phi Omega, National Gerontological Society, University of Michigan chapter
- National Honor Society of Psychology, Psi Chi
- Golden Key International Honor Society
- National Collegiate Scholar of America
- Phi Kappa Phi National Honor Society

PUBLICATIONS

- Psychological Science, Honors Thesis (Simpson, Beckes, and Erickson, 2008)